

Speak Up

Start the conversation
about end-of-life care

It's about conversations.
It's about decisions.
It's how we care for each other.



Most of us hope to die peacefully, able to communicate with loved ones until the very end. It doesn't always happen that way. Making your wishes known now helps those who care about you make the right decisions if you can't speak for yourself.

Speak up. Start the conversation about end of life care today.
Find out more at: www.advancecareplanning.ca 