

ADVANCE CARE PLANNING

Talk to Your Health Care Provider



THINK

about what's right for you.
What's most important to you about
your end-of-life care?



LEARN

about the different medical procedures
that can be offered at the end of life.
Some may improve your quality of life,
others may only prolong life.



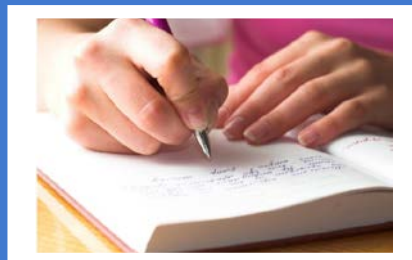
CHOOSE

your Substitute Decision Maker.
Choose a loved one who is willing
and able to speak for you if you can't
speak for yourself.



TALK

about your wishes with your
Substitute Decision Maker, loved
ones and health care provider.



RECORD

your end-of-life wishes –
write them down, record them
or make a video.