



# Advance Care Planning and Goals of Care Tools for Cancer Patients and Health Professionals



The Canadian Hospice Palliative Care Association collaborated with the Canadian Partnership Against Cancer and provincial partners in Manitoba, Newfoundland & Labrador, Nova Scotia and Prince Edward Island to help launch programs for cancer patients within their jurisdictions and raise awareness of the importance of advance care planning. Several Speak Up resources were adapted for patients and health professionals.

## ▶ **Cancer and Advance Care Planning / Goals of Care Guides**

Evidence-based tools for patients and families that describe the process of advance care planning and why it is important, with tips and resources for engaging in advance care planning:

- Newfoundland & Labrador Advance Care Planning guide
- Nova Scotia Advance Care Planning/Goals of Care guide

## ▶ **Cancer and Advance Care Planning: Tips for Oncology Professionals**

A tool for oncology professionals that provides practical suggestions for when to have the discussion, with specific conversation starters that can help professionals get started:

- Newfoundland & Labrador guide

## ▶ **Advance Care Planning Conversation Pocket Guides**

Pocket guides for oncology professionals with tips for starting and having advance care planning conversations:

- Newfoundland & Labrador “Just Ask” Pocket Card
- Manitoba “Just Ask” Pocket Card

## ▶ **Goals of Care Conversation Guides**

Guides for oncology professionals with tips for having Goals of Care conversations:

- Newfoundland & Labrador “Just Ask Goals of Care Conversation Guide”

## ▶ **Waiting Room Video**

An animated video that explains advance care planning and goals of care discussions and defines key terms for patients and families (developed for all four provinces).

## ▶ **Posters**

A series of posters that explain the importance of advance care planning conversations and the five steps of advance care planning:

- Newfoundland & Labrador 5 Steps Cancer Poster, “Talk to your health care provider”
- Newfoundland & Labrador primary care provider poster, “Why should you encourage ACP conversations?”
- Prince Edward Island primary care provider poster, “Why should you encourage ACP conversations?”

## ▶ **Bookmark / Wallet Card**

Bookmarks and wallet cards—to identify a substitute decision maker—can be used in waiting rooms, presentations or community events, and have been adapted into a combined tool:

- Prince Edward Island bookmark
- Nova Scotia Speak Up bookmark
- Manitoba bookmark /wallet card combo
- Newfoundland & Labrador bookmark /wallet card combo

*Ce document est disponible en français.*

