

National Advance Care Planning

April 16th — Today is the Day

This evening between 6 and 8 pm, take the opportunity to speak with your loved ones about your values, wishes and what is important to you.

A Life Well Lived is a Life Well Planned!

Advance Care Planning is the process of thinking and talking about your wishes, values, and preferences for your future care in the event you are unable to speak for yourself. Decide who would speak for you — choose your **Substitute Decision Maker**.



Speak Up



Start the Conversation Today!

Learn more at: www.advancecareplanning.ca



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#ACPDAY2020

#YourCareYourWishes