

How well do they know your wishes for future health care?

The space between guessing and knowing  
can be closed with a conversation.

*“The single biggest problem in communication is the illusion that it has taken place.”*

— George Bernard Shaw



Do your loved ones  
know about your  
wishes for future  
health care?

Until you talk to  
them, how will they  
know?

**Advance Care Planning** involves talking with others about your wishes and values for your future health care, and deciding on someone to speak on your behalf if you can't—your **Substitute Decision Maker**.

Don't leave your loved ones in the space between guessing and knowing. Have a conversation today. Learn more at: [www.advancecareplanning.ca](http://www.advancecareplanning.ca)

Speak Up

April 16<sup>th</sup> is National Advance Care Planning Day in Canada  
#ACPD2019 #TheyKnowMeWell

