

Who's on your team?

Your healthcare takes teamwork, and a strong team is one that communicates.

That's where **advance care planning** (ACP) comes in—it's the process of talking with others about your values and wishes for your future healthcare, and deciding on someone who can speak on your behalf if you can't—your **Substitute Decision Maker**.



It's time to have a huddle about what will be important to you in your future healthcare. Like any good huddle, advance care planning is about creating a community of support.

Learn more at: www.advancecareplanning.ca

April 16th is National Advance Care Planning Day in Canada
#ACPD2018 #TeamSupport